



Town of Wallingford, Health Department
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FOR IMMEDIATE RELEASE


Dear Wallingford Residents and Community Members,

The Wallingford Health Department this morning has confirmed 2 cases of Coronavirus Disease 2019 (COVID-19) in town. Town leadership has been preparing for the inevitable rise in confirmed cases and continues to coordinate a response with our state and regional health partners to limit the spread of the virus. As our community adjusts to all the changes to our daily lives the focus for the Health Department has been evaluating the Coronavirus (COVID-19) and its potential impact to Wallingford Residents. At this time, there is currently no vaccine to prevent COVID-19 infection nor is there specific treatment. Based on current information from the CDC, symptoms of COVID-19 may appear in as few as 2 days or as long as 14 days after exposure. Symptoms of COVID-19 are fever, cough and shortness of breath. Transmission is thought to occur primarily through respiratory droplets produced when an infected person coughs or sneezes, similar to how influenza and other respiratory illnesses spread. With community based transmission confirmed in Connecticut the steps that can be taken to protect yourself and your family are as follows:

- Practice good hygiene and wash your hands with soap and warm water for a minimum of 20 seconds
- Avoid close contact with people who are sick and large social gatherings
- Avoid touching your eyes, nose, and mouth
- Stay home when you are ill and until fever free for 72 hours without fever reducing medicine
- Cover your cough or sneeze with a tissue
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe
- If you suspect you have been exposed to the COVID-19, please contact your health provider.

If you have any questions regarding the Coronavirus (COVID-19) please contact the Wallingford Health Department at (203) 294-2065.

Sincerely,



Stephen A. Civitelli, RS, MPH

Director of Health

