



Healthy Wallingford 2020:



Walk 4 Health on National Walking Day!



Join the Health Department:

Wednesday, April 4th

Two sessions:

12 PM or 1 PM

Rain date of April 5

**Meet in front of Town Hall for a
2 mile walk to Dutton Park!**

Prize will be given to the first 50
people who register!

Call **(203)294-2065**



Family & friends are welcome.
Don't forget to bring sneakers & a
water!



Public Health
Prevent. Promote. Protect.